

October 2022 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Fish Sticks Mashed Potatoes Sliced Carrots Oatmeal Cream Pie	4 Chicken Nuggets Au Gratin Potatoes Mixed Vegetables Strawberry Cake	5 Salisbury Steak Rice/Gravy Butter Peas Fruit Cocktail	6 Cheese Quesadilla Tortilla Chips Broccoli/Cheese Sauce Pineapple	7 Corn Dogs Tater Tots Applesauce
10 Sausage Biscuit Hash Brown Patty Pears	11 Chicken Sandwich Field Peas Sweet Potato Casserole Cookie	12 Baked Ziti Corn Breadstick Peach Cobbler	13 Lunchables Carrots/Ranch SC & Cheddar Chips Mixed Fruit	14 Sausage Pizza Fries Oranges
17 Hamburger Chips Baked Beans Fruit Cocktail	18 Pizza Casserole Corn Green Beans Pudding	19 Swedish Meatballs Egg Noodles Green Peas Pineapple	20 Chicken and Rice California Blend Butter Peas Rice Krispy Treat	21 PB&J Cheese Curls Pickle Spear Applesauce
24 Cheese Omelet French Toast Sticks Hash Brown Patty Pears	25 BBQ Smokies Rice Black Eyed Peas Mixed Fruit	26 Cheeseburger Macaroni Lima Beans Peas and Carrots Swiss Roll	27 Fiestada Pizza Mexicorn Cinnamon Apples	28 Sloppy Joe Corn Chips Dill Pickle Slices Peaches
31 Hot Dog Doritos Pickle Spear Oranges				

*Milk is served daily with lunch. The menu is subject to change based on product availability.

Heritage Child Development Center

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