February 2023 Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	
Morning			Graham Crackers	Apples	Granola Bar
			Gogurt	Pretzels	Juice
Afternoon			WC Cheez Its	Oaldfiah	Lance Cheese
				Goldfish	
		7	Juice	Juice	Crackers
Morning	6	7	8	9	1(
	Nutri Grain Bar	Ham	Pepperoni	Fruit Loops	Pop Tarts
	Juice	Crackers	Ritz Crackers	Juice	Juice
Afternoon	Vanilla Wafers	Cheez Its	Chex Mix	Cinnamon Grahams	Lance PB
	Peanut Butter				Crackers
	13	Juice 14	Juice 15	String Cheese 16	
Morning			-		
	Sliced Cheese	Graham Crackers	Bananas	Turkey	Chewy Granola Bar
	Saltines	Gogurt	Wheat Thins	Crackers	Juice
Afternoon	Animal Crackers	WC Cheez Its	Goldfish	Snack Mix	Lance Cheese
	Juice	Juice	Juice	Juice	Crackers
	20	21	22	23	24
Morning	Pop Tarts	Pepperoni	Ham	Muffins	Nutri Grain Bar
	Juice	Ritz Crackers	Crackers	Juice	Juice
	Juice		CIACKEIS	Juice	Juice
Afternoon	Cinnamon Grahams	Chex Mix	Cheez Its	Vanilla Wafers	Lance Nekot
	String Cheese	Juice	Juice	Peanut Butter	Cookies
Morning	27	28			
	Fruit Loops	Sliced Cheese			
	Juice	Saltines			
Afternoon	Snack Mix	Animal Crackers			
	Water	Juice			

*Water or 100% Juice served with each snack. The menu is subject to change based on product availability.

Heritage Child Development Center

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